Bio: As a child, Dolly Sen was an alien in Empire Strikes Back. She knew then she would never know normal life. Her journey as an artist has taken her up a tree in Regents Park, to California’s Death Row, to the Barbican, Tower Bridge and the Royal Academy, Trafalgar Square, and up a ladder to screw a light bulb into the sky. Dolly’s creativity aims to put reality over her lap and slap its naughty arse.

Dolly is an award-winning writer, artist, performer and filmmaker. She has had 10 books published and contributed chapters to several other books, been nominated twice for a Dadafest Literary Award (2006 & 2007), and won several awards for her poetry. Her subversive blogs around art, disability and humour have a huge international following, and since 2004 she has exhibited and performed internationally. Her films have been shown worldwide, including at the Barbican.

Apart from her creative work, she speaks and trains on mental health. Her training and public speaking has taken her to The World Health Organisation in Geneva, House of Lords, Oxford University, The Barbican, Mayor of London, University of Westminster, Guys Hospital, The Probation Service and over 100 charity, corporate and statutory organisations.

She has made over 30 media appearances on TV, Radio, Internet and Print. Her other mental health work involves consultancy, keynote speaking, coaching, research, group facilitation, campaigning, social media and creative work.  
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